Welcome and thank you for choosing Native & Natural, as I am committed to supporting you in your self-care and healing. I believe that a good relationship is based on understanding and open communication, if you have any questions or concerns let me know. Please understand that complete paperwork, a timely demeanor and prompt payment are all part of your treatment and care.

Payment Information:

* I accept payment in the form for cash and check. I am in the process of being able to take credit cards. You are expected to make a payment in full at the time of service.
* I do NOT accept group insurance, Medicare or Medicaid.

Discounts:

* I offer a prepaid Self-care Plan – 4 massages for $200 (a savings of $10 per massage)
* For special events or corporate locations a loyalty discount is offered.
* Initial Massage discount – 1 hour for $50
* Refer a Friend and receive $10 towards your next massage.
* Other promotional discounts are offered throughout the year.

Appointments:

* If you need to cancel or reschedule please **try** to give at least 24 hour notice.
* If you are running late please be mindful and call ahead. I will give you the same courtesy. I understand that your time is valuable and that tardiness is sometimes out of our control; calling ahead will help me/you arrange accordingly.

Referrals:

* I network with other great integrative wellness practitioners and enjoy working with them. My resources include:

Dr. Mark Akers DC (Chiropractor), Dr. Naylor DO (Family Medicine), Brandon Drouillard (Acupuncturist), Lana Weinbarg (Metabolic/emotional support, brain balancing, color therapy, laser, percussor, Life Coach and lab/blood work), Cary Sanger (Reiki practitioner and Life Coach) and a selective group of qualified massage therapist (you have to be completely comfortable with your therapist and this may not be me, that’s ok I may have the right referral for you).

I have read the payment policy and understand my responsibility.